Florence Rudge interviewed by the MP Bernard Braine about her experience of the flood on Canvey Island. She avoided the rising tide by standing on a table in her bungalow until she was rescued on Tuesday - three days after the flood hit the island.

'I woke up, heard a funny noise, and wondered what it was. I got out of bed, and when I looked outside, I was in the sea! Well I jumped out quickly and got a few clothes on. And of course the water was coming up and up and up. I jumped on the big settee first, and it got up to my chest. I thought well I've got to get up on something higher than this. Well this table was floating round the room. And I got hold of the beam and pulled it along to the fireplace. And threw myself across it. And of course the water was washing over me then. So I got on my feet and stood up. And there I stood until late Sunday. I was so exhausted by standing, I tried to get down on the table to sit. But I lost my balance and my feet and legs went in the water. I sat like that until I was rescued on Tuesday.

On Tuesday?

On Tuesday, about four o'clock.

But you must have been there for three days?

Yes, I was there for three days.

But did you have anything to eat?

No, I couldn't get to anything. I was in the water, I couldn't get at anything!

Nothing to drink?

No, nothing at all. It was drink I wanted. The milk was on the table. If I thought if I could only get that. But I couldn't. And I had a nice little bottle of whiskey my daughter brought me home from Ireland.

Where was that?

That was in the dressing table drawer, in the bedroom.

Yes, that's the place to keep it!

Yes, well I couldn't get it. So I had nothing at all until they got me to hospital.

But you were conscious the whole time?

Well– no, I kept losing myself. But I knew I'd got to keep my senses otherwise I should've gone into the water. I fought against sleep and I fought against unconsciousness.

The interview with Florence Rudge was broadcast on the BBC in 1953 [SA 1/656/1]